

# perspectives

Clifford Lyness, Cuisine



## Continental 9.

Orange or Grapefruit Juice

Choice of Two Fresh Baked Pastries from Our Bakery Selection, Served With Butter, Jam, Marmalade or Honey

## Bakery 6.

Butter Croissants, Cinnamon Roll, Raspberry Crown, Maple Pecan Plait Muffins or Pain Au Chocolat  
Served With Butter, Jam, Marmalade or Honey

## Toast 4.

English Muffin, Rye, White or Whole Wheat, Served With Butter, Jam, Marmalade or Honey

## Cereals 4.

Corn Flakes, Rice Crispies, Dry Muesli or All Bran, Served With Hot, Cold or Skimmed Milk

## Cream Of Wheat Or Porridge 5.

With Cold, Hot or Skimmed Milk

## Smoked Salmon Bagel 14.

Smoked Salmon, Chive Cream Cheese, Capers and Shaved Red Onion on a Toasted  
Kettleman's Sesame Seed Bagel



## EGGS

### Two Eggs 13.

Two Eggs Any Style, Potato Dauphinoise with Caramelized Onions, Choice of Bacon, Sausage or Ham  
Toasted White or Whole Wheat Bread, Served With Butter, Jam, Marmalade or Honey

### Three Egg Omelette 14.

Sautéed Mushrooms and Tomatoes, Emmental or White Cheddar, Choice of Bacon, Sausage or Ham  
Toasted White or Whole Wheat Bread, Served With Butter, Jam, Marmalade or Honey

### benedict 14.

#### Florentine

Sautéed Mushrooms, Spinach, Hollandaise, Two Poached Eggs Served on Warm English Muffin

#### Salmon

Smoked Salmon, Asparagus, Dill Hollandaise, Two Poached Eggs Served on Warm English Muffin

#### Montreal

Shaved Smoked Meat, Dijon Hollandaise, Toasted Kettleman's Bagel

#### Classic

Shaved Black Forest Ham, Hollandaise, Two Poached Eggs Served on Warm English Muffin

### Best 16.

Two Eggs Any Style, Potato Dauphinoise, Sausage, Bacon, Toasted White or Whole Wheat Bread  
Served With Butter, Jam, Marmalade or Honey, Juice or Coffee

### Select 17.

Egg White Omelette with Fine Herbs and Sautéed Mushrooms, Choice of Low Fat Yoghurt, Dry Cereals or  
Siren Bakery, Organic Granola, Juice or Coffee

Monday to Sunday 6:30am to 11:00am

Prices are exclusive of taxes and gratuities

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## HEALTHY

### Brookstreet Poached Scrambled Eggs 13.

The Lightest, Fluffiest Eggs You Will Ever Have, Potato Dauphinoise, Choice of Bacon, Sausage or Ham  
Toasted White or Whole Wheat Bread, Served With Butter, Jam, Marmalade or Honey

### Egg White Omelette 15.

Sautéed Mushrooms and Fine Herbs, Potato Dauphinoise, Choice of Bacon, Sausage or Ham  
Toasted White or Whole Wheat Bread, Served with Butter, Jam, Marmalade or Honey

### Fruit Plate 10.

Sliced Fruits and Fresh Berries

### Yoghurt Parfait 7.

Fruit Compote Topped with Low Fat Yoghurt, Siren Bakery Organic Granola and Berries

### Smoothies 8.

Field Berry - Yoghurt, Orange, Strawberry, Blueberry and Blackberry

Strawberry - Probiotic Vanilla Yoghurt, Strawberry, Orange

Tropical - Probiotic Yoghurt, Mango, Banana, Pineapple



## HOUSE FAVOURITES

### Almond-brioche French toast 14.

Cognac Whip Cream, Fruit Compote Served with Ontario Maple Syrup, Choice of Ham, Bacon or Sausage

### Cinnamon Belgian Waffles 14.

Fresh Berries and Ontario Maple Syrup, Choice of Ham, Bacon or Sausage

### Buttermilk Pancakes 14.

Plain, Banana or Strawberry, Ontario Maple Syrup, Caramelized Banana, Choice of Ham, Bacon or Sausage



## COFFEE

### Starbucks "Estima" blend

Regular or Decaffeinated 3.95

Cappuccino, Espresso or Caffè Latte 4.50

## TEA "Tazo"

**Black** 3.50

Earl Grey, "Awake" English breakfast

Decaf Breakfast, Orange Pekoe

**Herbal** 3.95

"Zen" Green Tea, "Refresh" Mint Tea

"Passion" Fruit Herbal Tea, "Calm" Chamomile

Wild Sweet Orange

## Fruit juices

Orange or Grapefruit all Served in a Carafe 4.



<b>Breakfast Buffet</b>	19.95
(Choose from a selection of delicious <b>breakfast</b> favourites) Juice and Coffee included	
<b>Breakfast Buffet (for gourmets under 12 years old)</b>	12.95

Monday to Sunday 6:30am to 11:00am

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